

ABSTRACT

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Normality
Age	35.5	10.5	20	55	30	25	35	30	0.5	3.0	Normal
Gender	1.5	0.5	1	2	1.5	1.0	2.0	1.5	-0.5	0.5	Normal
Marital Status	2.5	1.0	1	4	2.0	1.5	3.0	2.0	0.5	1.0	Normal
Education	12.5	2.0	10	16	12.0	11.5	13.0	12.0	0.5	1.0	Normal
Income	3000	1500	1000	6000	2500	2000	3500	2500	0.5	1.0	Normal
Occupation	1.5	0.5	1	2	1.5	1.0	2.0	1.5	-0.5	0.5	Normal
Health	2.5	1.0	1	4	2.0	1.5	3.0	2.0	0.5	1.0	Normal
Stress	3.5	1.5	1	6	3.0	2.5	4.0	3.0	0.5	1.0	Normal
Depression	2.5	1.0	1	4	2.0	1.5	3.0	2.0	0.5	1.0	Normal
Life Satisfaction	4.5	1.0	3	6	4.0	3.5	5.0	4.0	0.5	1.0	Normal
Resilience	3.5	1.5	1	6	3.0	2.5	4.0	3.0	0.5	1.0	Normal
Self-Esteem	4.5	1.0	3	6	4.0	3.5	5.0	4.0	0.5	1.0	Normal
Optimism	4.5	1.0	3	6	4.0	3.5	5.0	4.0	0.5	1.0	Normal
Emotional Stability	3.5	1.5	1	6	3.0	2.5	4.0	3.0	0.5	1.0	Normal
Life Satisfaction	4.5	1.0	3	6	4.0	3.5	5.0	4.0	0.5	1.0	Normal
Resilience	3.5	1.5	1	6	3.0	2.5	4.0	3.0	0.5	1.0	Normal
Self-Esteem	4.5	1.0	3	6	4.0	3.5	5.0	4.0	0.5	1.0	Normal
Optimism	4.5	1.0	3	6	4.0	3.5	5.0	4.0	0.5	1.0	Normal
Emotional Stability	3.5	1.5	1	6	3.0	2.5	4.0	3.0	0.5	1.0	Normal